

ElevateHealthSM

A partnership of: **Dartmouth-Hitchcock** | **Elliot Health System**
Harvard Pilgrim Health Care

*There's a New Player
in the Self-Funded Market*



ElevateHealth is an innovative and more affordable benefit plan that focuses on better health and well-being for employees and their families, with the high-quality coverage members need and the top-level service they expect.

The best for you and your family

The cornerstone of ElevateHealth is a high-performing defined network of some of New Hampshire's leading hospitals and doctors. ElevateHealth gives members comprehensive coverage with care from our extensive network of New Hampshire's well-known and effective providers. As of October 1, 2014, the ElevateHealth provider network includes access to more than **650 primary care providers (PCPs)**, plus **3,000 specialists** and **13 of New Hampshire's premier hospitals**:

- Dartmouth-Hitchcock Medical Center
- Elliot Hospital
- Alice Peck Day Memorial Hospital
- Cheshire Medical Center
- Concord Hospital
- Cottage Hospital
- Exeter Hospital
- Frisbie Memorial Hospital
- Monadnock Community Hospital
- New London Hospital
- Southern New Hampshire Medical Center
- Wentworth-Douglass Hospital
- Valley Regional Hospital

Effective care means a better experience—for less

With ElevateHealth members will benefit from both outstanding quality and value since the ElevateHealth hospitals and doctors are selected for their effectiveness and quality. For example, ElevateHealth providers excel at coordinating care, ensuring that primary care providers work closely with specialists when coordinating treatment. By working more effectively as a team, supported by electronic medical records, doctors and hospitals can improve communication and reduce the duplication of tests, bringing down costs and enhancing the member's care experience.

Harvard Pilgrim, Dartmouth-Hitchcock, Elliot Health System and the ElevateHealth network of New Hampshire's most recognized hospitals and doctors are dedicated to raising the bar when it comes to employees' health and the health of their families by offering:

- **Strong patient-doctor communication, relationships and accessibility**, with emphasis on helping members improve their health and stay well to avoid disease. That includes support from a personal health coach, who can work one-on-one with patients to set and achieve health improvement goals.
- **No-cost preventive care**, including annual physicals, immunizations and flu shots.
- **Special programs for patients with chronic illness** to help them get the most effective, highly coordinated care possible to best manage their conditions, ensuring proper follow-up care after hospitalizations to avoid complications and relapses.
- **Improved coordination among doctors**, including follow-up communications with patients after tests and lab work are done.
- **Help setting up appointments**, answering any questions, ensuring that patients take tests just once to avoid repeating them, as well as providing after-hours support.



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ElevateHealth is offered by Harvard Pilgrim Health Care, in partnership with Dartmouth-Hitchcock and Elliot Health System. Three non-profit health care leaders you know and trust are working together to deliver better care to the communities we serve.



How the network works

ElevateHealth in-network providers are called **Easy Access providers**.

- Employees will choose a primary care provider (PCP) for themselves and each family member. The ElevateHealth provider directory includes hundreds of PCPs, located in many New Hampshire cities and towns—so chances are, members will be able to select doctors they know and trust.
- The ElevateHealth provider network includes participating PCPs in these NH towns: Amherst • Antrim • Barrington • Bedford • Claremont • Concord • Derry • Dover • Durham • Elliot • Epping • Epsom • Exeter • Farmington • Goffstown • Hampton • Hanover • Hillsboro • Hooksett • Hopkinton • Hudson • Jaffrey • Keene • Lebanon • Lee • Londonderry • Lyme • Manchester • Merrimack • Milford • Nashua • New Boston • New London • New Ipswich • Newmarket • Newport • Pelham • Pembroke • Penacook • Peterborough • Plaistow • Plymouth • Portsmouth • Raymond • Rindge • Rochester • Somersworth • South Stratham • Strafford • Sullivan • Walpole • Warner • Winchester • Windham • Woodsville
In ME: South Berwick
- Specialty care is available with a referral from your PCP to an Easy Access specialist. Referrals are not necessary for some services, such as routine eye exams and most gynecological care.
- In the rare event that a child's specialty care cannot be provided by an Easy Access specialist or facility, we have a limited number of additional providers affiliated with Boston Children's Hospital, who can be seen after a medical review and an authorization for care is granted from Harvard Pilgrim. These additional providers are called Authorized Access providers and are not otherwise available for standard care.

About Health Plans

With more than 30 years of experience, Health Plans continues to prove itself as an industry-leading third party administrator backed by superior service, reinsurance expertise, outstanding network access and advanced technology. A Harvard Pilgrim Health Care company since 2005, we combine Harvard Pilgrim's brand recognition for being among America's highest-rated private health plans* and its strong provider network with our flexible and cost-effective administration platform. Today, we rank as the largest administrator of self-funded plans in the region.

*According to an annual ranking of the nation's best health plans by the National Committee for Quality Assurance (NCQA).

Contact Us

Our team is ready to help you with any questions. To learn more about ElevateHealth, call a Health Plans Sales Representative at **800-987-6151**, or visit us online at **www.HealthPlansInc.com**.