



# A STRATEGIC APPROACH TO POPULATION HEALTH MANAGEMENT

## AchieveHealth™

A single source solution to reducing risk, controlling cost and improving outcomes.

HPI is driving down health care costs, improving health, and engaging members in meaningful ways through our integrated population health solution—AchieveHealth.

Powered by next-generation technology, AchieveHealth includes 360-degree monitoring of your covered population to uncover, prioritize and impact the leading drivers of healthcare spending. By turning data into actionable insights, HPI is able to provide employers with proven interventions that can help mitigate cost drivers, control emerging health risks and influence specific behavior patterns that may be impacting the bottom line.

### HPI Outperforms National Average

Average National Health Care Cost Trend (PEPY)\*

5.7%

HPI Health Care Cost Trend (PEPY)\*\*

3.1%

\*2016 Aon Hewitt Study of Medical Cost Trend and Inflation in the United States

\*\*Overall health care cost trend based on HPI's entire book of business for calendar years 2015-2016





# BEST-IN-CLASS SOLUTION

All aspects of HPI's clinically integrated health management solution are delivered in accordance with industry best practices and nationally accepted performance measures.

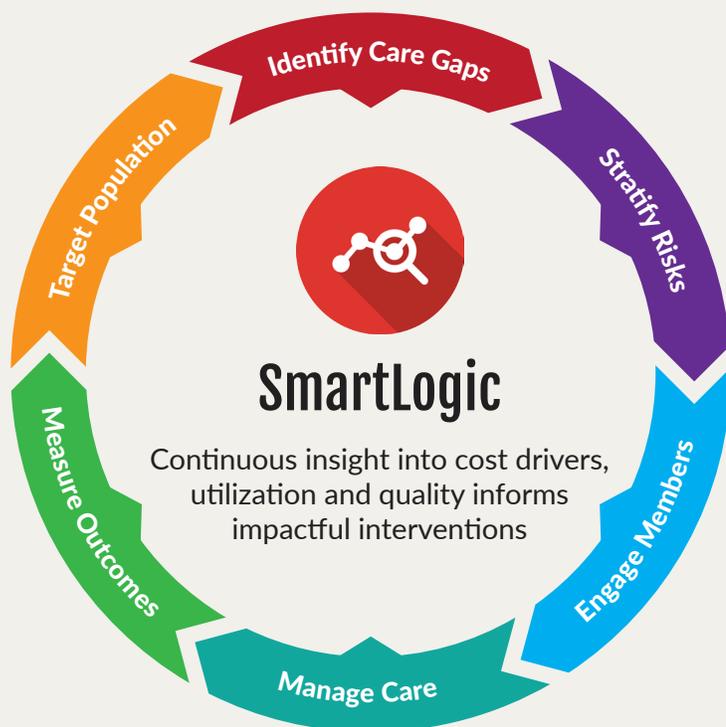
## Data-Driven Insights

AchieveHealth starts with a big picture view of your population's health and emerging health risks. Powered by HPI's integrated data platform, you receive transparent reporting with actionable insights to make informed business decisions.

## Proactive Member Engagement

AchieveHealth proactively educates and helps drive member engagement in health programs that can optimize well-being and productivity for your employees and your business.

# CUSTOMIZED APPROACH



### Target Population

Medical and pharmacy claims analysis  
Predictive modeling  
Trigger codes

### Identify Care Gaps

Quality & risk measures  
Member and provider reporting  
Condition management

### Stratify Risks

Risk scoring  
High cost claimants  
Health screenings

### Engage Members

Program education  
Mobile, social, virtual resources  
Lifestyle management coaching

### Manage Care

Proprietary, integrated platform  
Utilization management  
Case management

### Measure Outcomes

Actionable reporting  
Performance indicators  
Prescriptive analytics

# INTEGRATED PROGRAMS & BENEFITS



## REPORTING, ANALYTICS AND PREDICTIVE ANALYSIS

Powerful insights for timely discussion and interventions specific to business strategies and plan design changes that drive better health, more efficient care and greater savings.

### Evaluate plan performance with transparent data reports

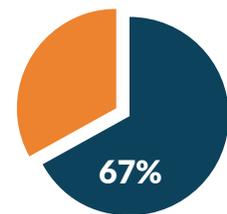
- Prescriptive analytics uncover hidden savings
- Clarify utilization trends
- Identify opportunities to improve cost and quality
- Key financial metrics
- Clinical narratives
- Precise insight into cost drivers

### Turn reporting into results

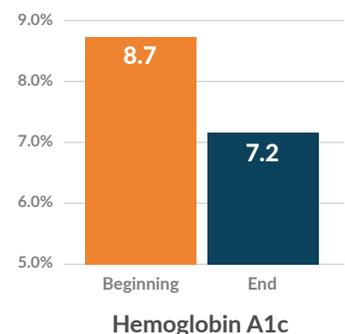
- Control cost
- Lower risk
- Improve health
- Sustain maximum value

## SUCCESSFUL OUTCOMES

### Diabetes



67% of coached population with elevated HbA1c levels over 7% lowered their HbA1c an average of 1.5%, from 8.7% to 7.2%.



# LEADING THE WAY TO **BETTER HEALTH**

Health Plans, Inc. (HPI), a Harvard Pilgrim company, is a national provider of health benefit plan administration and population health management services. With more than 35 years' experience, we share our expertise, best-in-class solutions and proven results with self-funded employers to solve their unique health and benefit challenges. It is our flexible approach and commitment to quality, technology, and personalized service that set us apart from our competitors and enable us to deliver better value to our clients.

For more information on how AchieveHealth can give you a proven strategic approach to population health and risk management, contact the HPI Sales team.

**800-987-6151 | [sales@healthplansinc.com](mailto:sales@healthplansinc.com)**